



# Cochran Mill Park Trail Guide

PLAN YOUR VISIT.  
CARRY WATER, EPI PEN (IF SEVERE ALLERGIES) AND USE THE BUDDY SYSTEM.

- 30 minutes: Orange Trail to Falls (Easy)
- ● 1.5 - 2.0 hours: Orange and Green Trails Combined (Moderate)
- 3.0 Hours: Yellow Trail to Henry's Mill Falls (Moderate)
- 3.0 Hours: Red Trail to Henry Mills Falls (Difficult)

The Upper Wooten Gravel Trail runs 2.7 miles past the park's west gate, continuing on to Rico Park. Great alternative when trails are wet or for beginning mountain bikers and horses.

Stay on the main road, as all side roads and surrounding land is private property.

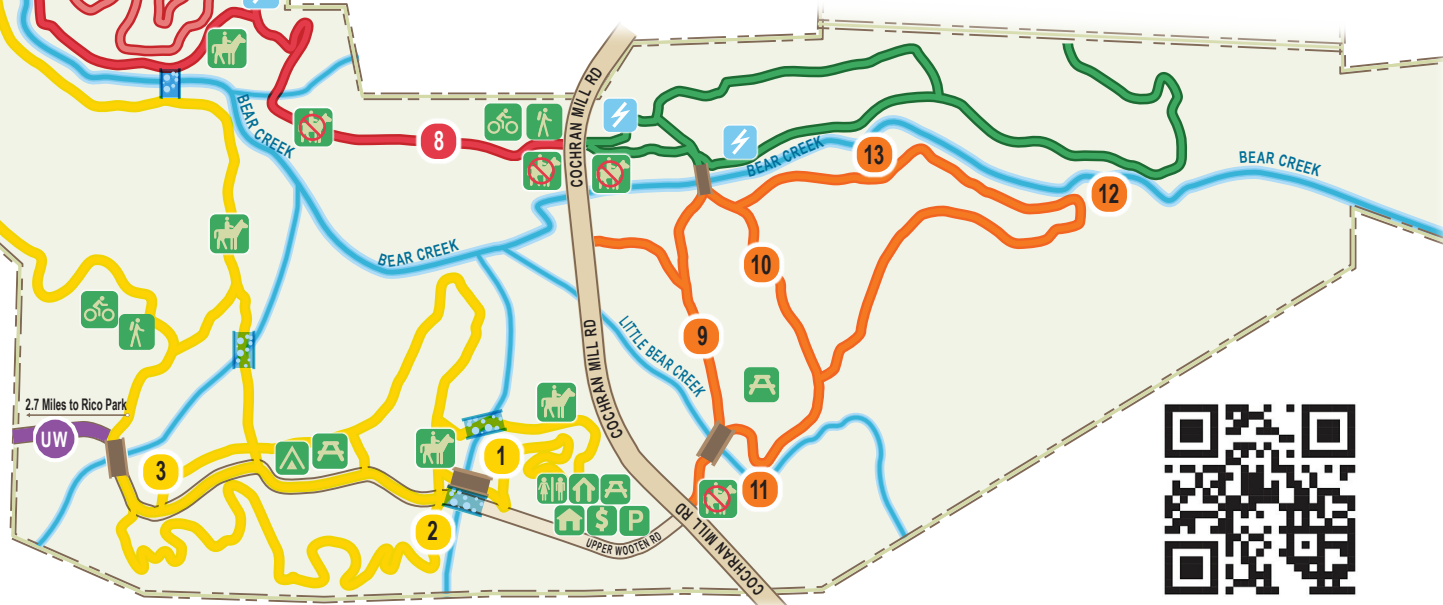
**TAKE CARE DURING HUNTING SEASON AS THE PRIVATE LAND IS LEASED HUNTING PROPERTY.**

The symbol indicates a section of trail that is dangerous for and closed to horses.

Trail status is posted on sign at main gate, [cochranmillpark.com](http://cochranmillpark.com) and at Cochran Mill Trails on Facebook.

- YELLOW TRAIL
- RED TRAIL
- ORANGE TRAIL
- GREEN TRAIL
- 2.7 Miles ● UPPER WOOTEN GRAVEL TRAIL

- |           |  |                       |  |                   |
|-----------|--|-----------------------|--|-------------------|
| .2 Miles  | <span style="color: yellow;">1</span>  | PETE'S SINGLE TRACK   |  | CAMPSITE          |
| 1.0 Miles | <span style="color: yellow;">2</span>  | CEDAR BRANCH TRAIL    |  | PICNIC AREA       |
| .65 Miles | <span style="color: yellow;">3</span>  | ZACK'S GLADE          |  | PAVILLION         |
| 2.1 Miles | <span style="color: yellow;">4</span>  | HENRY'S MILL 3rd MILL |  | RESTROOMS         |
| 2.1 Miles | <span style="color: yellow;">5</span>  | THE WALL LOOP TRAIL   |  | INFORMATION KIOSK |
| .6 Miles  | <span style="color: red;">6</span>     | 5 TURN HILL           |  | PARKING PAY KIOSK |
| 1.0 Miles | <span style="color: red;">7</span>     | TASTY GRUB LOOP TRAIL |  | PARKING           |
| .5 Miles  | <span style="color: red;">8</span>     | TURNPIKE NO HORSES    |  | HORSE ALTERNATIVE |
|           | <span style="color: orange;">9</span>  | OLD COCHRAN MILL RD   |  | BICYCLES          |
|           | <span style="color: orange;">10</span> | INTERPRETIVE TRAIL    |  | HIKERS/RUNNERS    |
|           | <span style="color: orange;">11</span> | 1st MILL SITE         |  | DIFFICULT         |
|           | <span style="color: orange;">12</span> | 2nd MILL SITE         |  | CREEK FORD        |
|           | <span style="color: orange;">13</span> | DAM                   |  | FOOT BRIDGE       |



Visit us @ <http://cochranmillpark.com> or on Facebook @ Cochran Mill Trails

